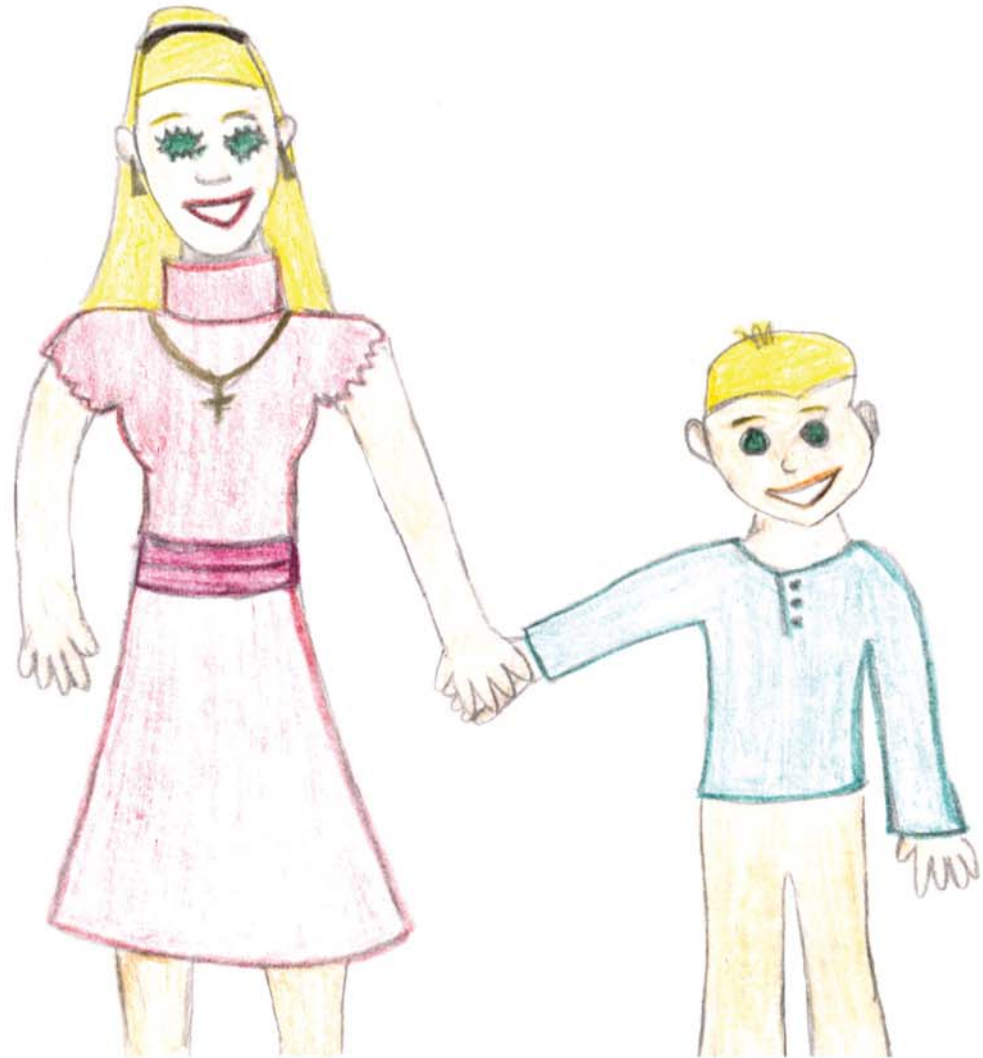


Are you ready for our
adventure?

**Yes, what are we
going to do today?**

I have gotten special
permission from the
Homeland Security
Department for us to
be able to go inside a
big 747 airplane.

Is that okay with you?





I don't want to go. I'm scared of airplanes.

Why? Is it because airplanes are so big?

No.

Is it because airplanes are so loud and noisy?

No.

Why then?

Because airplanes take you away from the people you love.

Oh, I see. But you do know that they also can take you to the people you love and the people who love you, right?

Yes, that's not so bad, but I still don't like them.

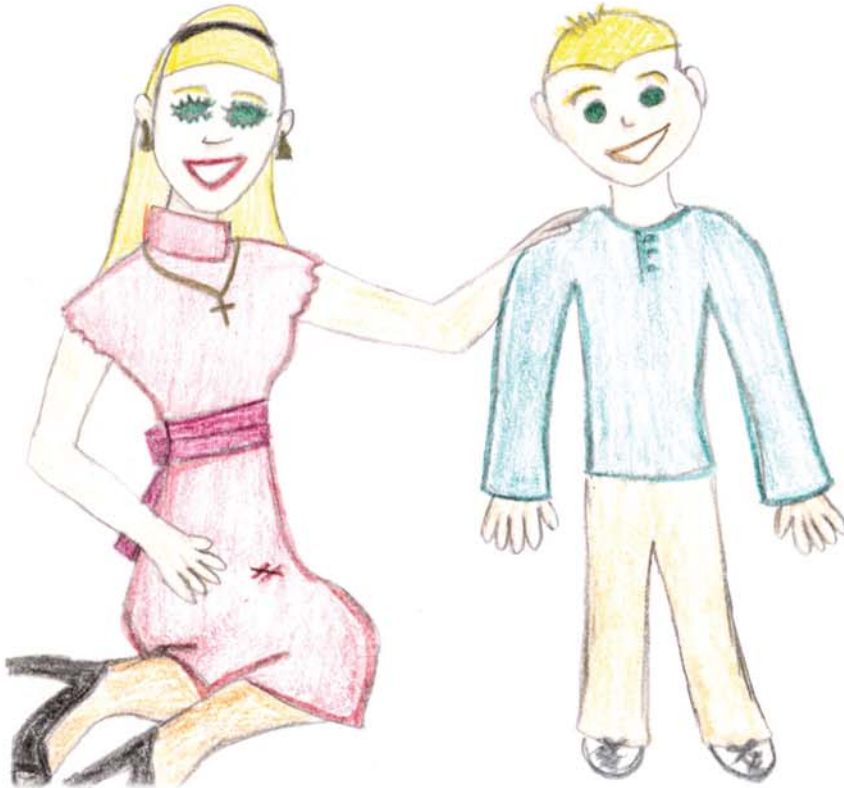
I understand.



Maybe if we looked at the airplanes close up you would be more comfortable with them.

I don't want to get on the airplane.

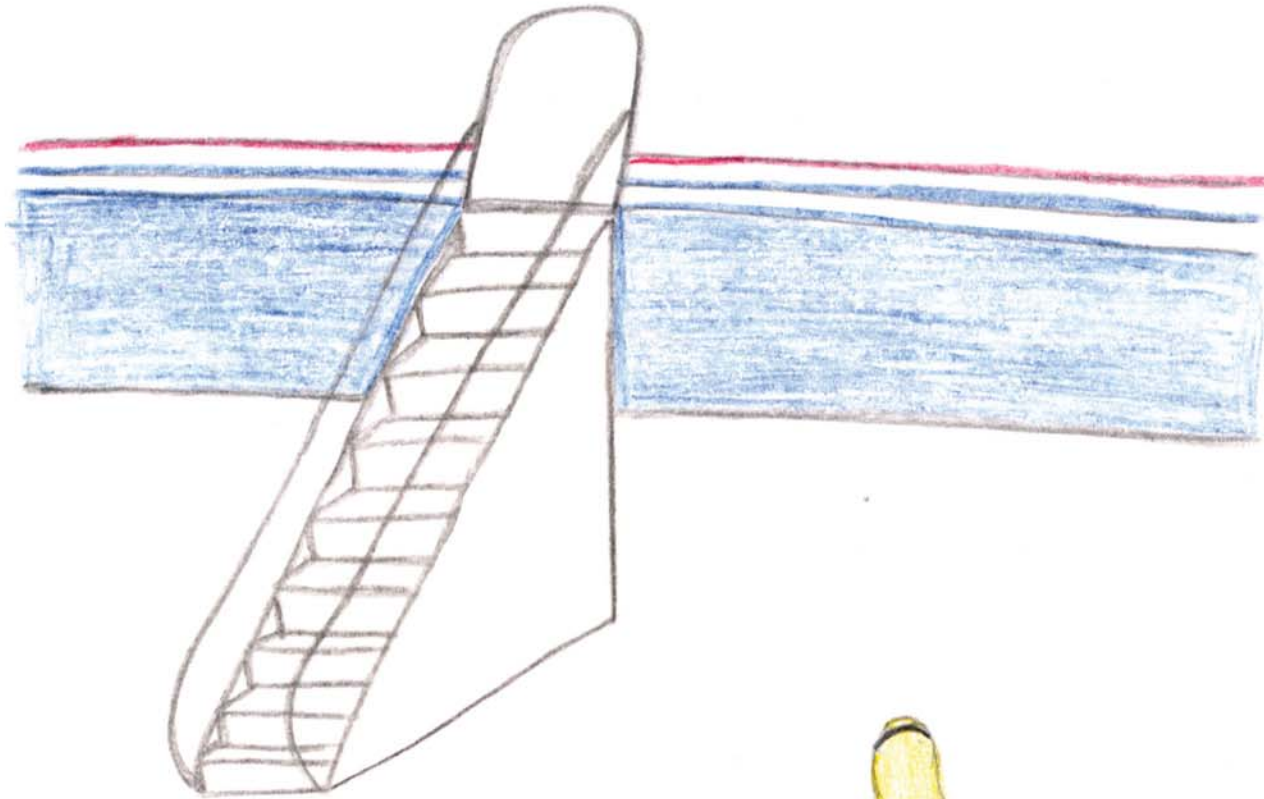
Will you tell me why you don't want to get on the airplane just to look around?



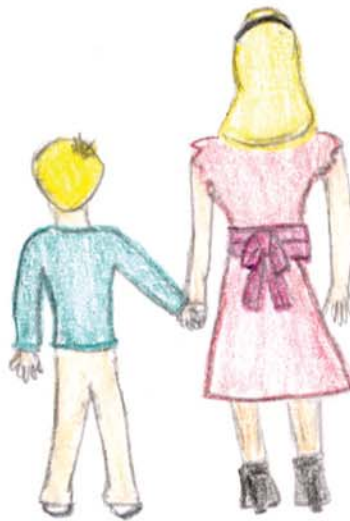
I'm afraid it will take me away.

I promise I won't let it take you anywhere.

Thank you.



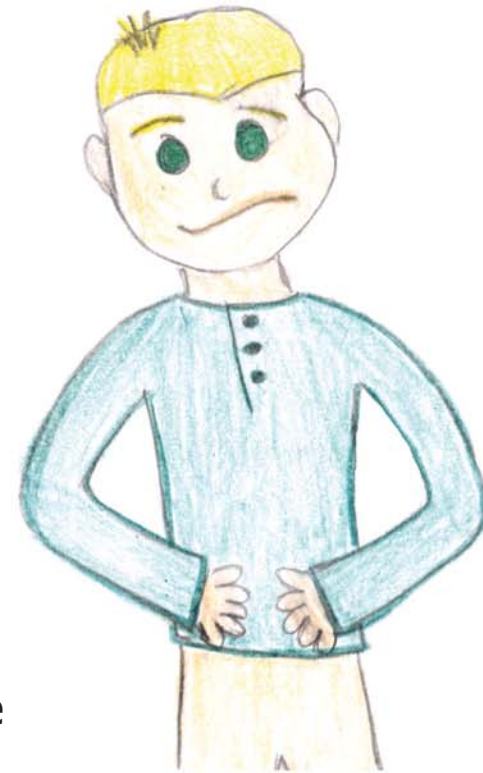
Grandma Davis and Gregory arrive at the airplane's stairway.



So, are you ready to get on the airplane and look around?

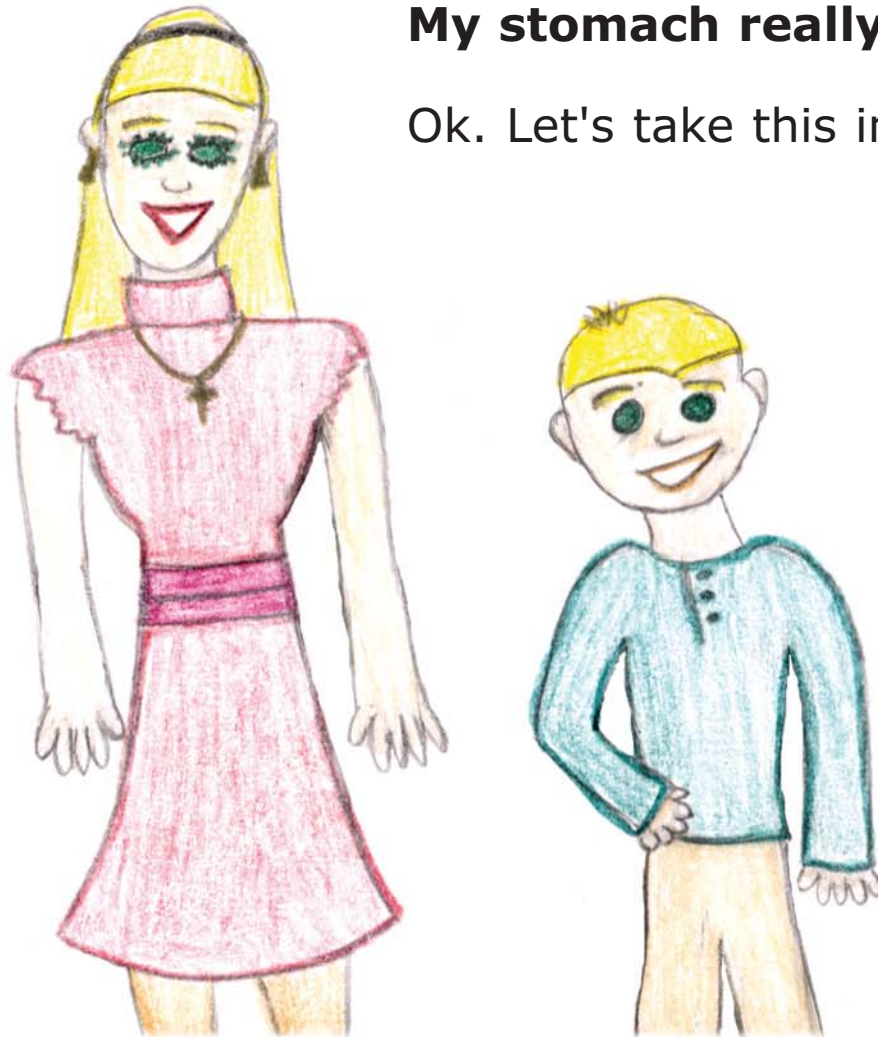
I'm not so sure. My stomach is starting to hurt. I think I'm going to throw up.

Gregory, what you are feeling is called nerves. You are upset and scared about getting on the airplane and your body is letting you know that it thinks what you are about to do is wrong for you. It's good that your body is reacting this way. It's trying to protect you from something it thinks is harmful for you. I promise, if you walk onto the airplane, you will become more comfortable and your stomach won't hurt as much and you won't feel like throwing up. Your nerves will go away. Not all at once, but after a while. Shall we go onto the airplane now?



**Grandma, I just don't think I'm ready.
My stomach really hurts.**

Ok. Let's take this in small steps.



Why don't we look
at the outside of the
airplane right now?
Then later on, when
you are feeling
more comfortable,
we can go inside
the airplane.



Grandma, if I don't feel better, will you be mad at me for not getting on the airplane?

Oh, no, Gregory. If you don't feel better after we have looked at the outside of the airplane, then we won't go on the airplane.

And you won't be mad?

No, I won't be mad. I will be very proud of you for coming with me to the outside of the airplane even though you are afraid. If we don't go inside the airplane, that will be okay. Maybe we can do that some other day when you are less afraid.